

LEGACY BUILDERS

a support group for mature women navigating life transitions

8-WEEK GROUP STARTING FEBRUARY 1ST

WHEN: SATURDAYS FROM 12:00PM-1:30PM

WHERE: 1040 E 86TH ST, STE 42 K, INDIANAPOLIS, IN 46240

COST: \$45 PER SESSION

TOPICS INCLUDE:

NAVIGATING RELATIONSHIP CHANGES

MENTAL/PHYSICAL HEALTH

PURSUIT OF NEW DREAMS

AND MORE!

SPACE IS LIMITED

RESERVE YOUR SPOT TODAY!

**SCAN FOR MORE
INFORMATION**



*Providing community, support and
friendship for women 55+*

RUACH COUNSELING

WWW.RUACHCC.ORG

(317) 399-5612